



Monday November 20th – Friday November 24th

Monday, Nov 20th	Mme Apland offsite in AM. Mme Grant Admin in charge.
Tuesday, Nov 21st	Bantam Volleyball Boys 7:45am Bantam Volleyball Girls practice 11:40am
Wednesday, Nov 22nd	Bantam Volleyball Boys practice 11:40am Bantam Volleyball Boys Away Game – Pleasant Valley 2:30pm
Thursday, Nov 23rd	Grade 6 Immunizations Bantam Girls Volleyball practice 11:40am Mme Apland offsite in PM. Mme Grant Admin in Charge.
Friday, Nov 24th	Hot Lunch - Subway Student Council meeting 11:40am

Donation Request:

We are seeking donations of the following items in new or like new condition: sidewalk chalk, bubbles, kid size sand buckets/kid size rakes/shovels, basketballs, soccer balls, spike ball. Please drop off in main Foyer area. Thank you for supporting our PAC. Our amazing volunteers have purchased and put together 3 outdoor secured bins to hold items for outdoor play.

Sports:

Congratulations to the Hornets Boys team on their first win at home. Hornets Blue team should be proud of how they supported each other on the court and how they worked together to come back and win their third game! Hornets Gold played an excellent game at home, winning their 3 sets against McGirr. For their first game, their team goal was to stay positive and support one another. They exceeded this goal and are now ready for a great season together.
GO HORNETS!

ADHD Education Day:

On Monday, December 11, 2023 from 9am until 3pm, the Provincial ADHD Clinic at BC Children's Hospital is holding their annual ADHD Education Day for parents and professionals. This event is accessible in person as well as via Zoom. Registration is free; however, you must register to attend in-person or virtually. Should you have any questions, please contact Joerg Taylor-Philippin at adhdc@cw.bc.ca or call 604-875-2345 (Ext. 2081).

Some of the sessions include:

- ADHD Basics
- Parenting a Child with ADHD
- Medication Treatment and Management
- ADHD and Sensory Motor Regulation
- Panel Discussion

The Great Nanaimo Toy Drive:

The Great Nanaimo Toy Drive coordinates the donation and distribution of toys to families in need during the holiday season for children 0 – 17 who live in Nanaimo between Lantzville and Cedar. Families wishing to take advantage of this program must pre-register online or by phone this year.

Registration for the 2023 Great Nanaimo Toy Drive begins November 13th and runs until December 3rd.

Families can [register here](#) or by Telephone at 778-787-1803 Tuesday to Saturday. A detailed schedule for phone volunteers will be available on our website or on social media.

Only one parent/guardian is able to register, and the preferred identification is the child's Personal Health Number. Alternative Identification could include a Status Card or Permanent Resident Card for each child.

Upcoming Dates to Note

December 4th PAC meeting @8pm via TEAMS

December 5th Popcorn Day & Toonie Tuesday (EDAS fundraiser more info to come later)

December 8th Hot Lunch – Edo

Lost & Found



More of what is happening at Ecole Hammond Bay:

