



Weekly Memo

Monday December 25th – Monday January 8th

Enjoy your beautiful child(ren). Be safe. Happy Holidays!

Monday, Jan 8	First day back after the holidays. Bantam Girls Volleyball practice 11:40am
Tuesday, Jan 9	Bantam Boys Volleyball practice 7:45am Bantam Girls Volleyball practice 11:40am
Wednesday, Jan 10	Bantam Boys Volleyball practice 11:40am Bantam Boys Volleyball away game 2:30pm (vs Mtn View)
Thursday, Jan 11	Kindergarten Hearing Screening Bantam Girls Volleyball practice 11:40am
Friday, Jan 12	Happy Friday!

Upcoming Dates to Note

January 15th PAC meeting

January 16th Popcorn Day

We recognize that every family celebrates their own special days at different times of the year. For all those who have been, and will be, celebrating during the winter season....

Merry Christmas, Happy Hannukah, Happy Kwanza, Happy Winter Solstice and Happy New Year.

Please do let us know if we missed a holiday you celebrate over the Winter Break so that we can include it in our next blast.

Sincerely,
Mme Apland and Mme Grant

Parent Corner

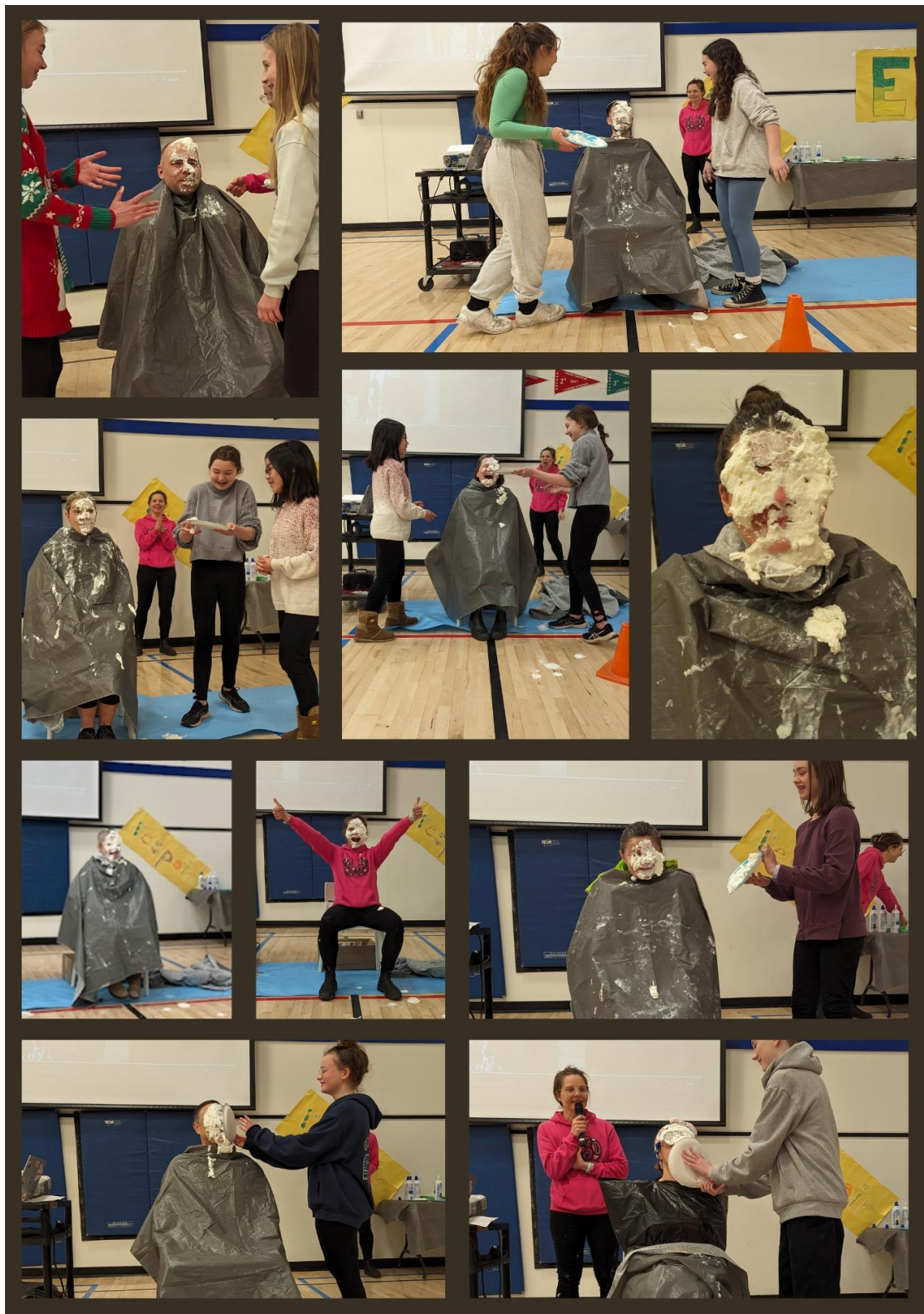
The Holidays can be a complex time for families. Here are some resources to access for support this Holiday Season:

*Kelty Mental Health Resource Centre: <https://keltymentalhealth.ca/>
Helps families across BC navigate the mental health system, connect with peer support, and access resources and tools to support well-being.*

*Loaves & Fishes, Community Food Bank
<https://www.nanaimoloavesandfishes.org/>*

*Brooks Landing: This Nanaimo service includes the Walk-in Crisis Counselling Clinic that provides services to all ages.
<https://www.islandhealth.ca/our-locations/children-youth-locations/central-island-access-services-brooks-landing-children-youth-families>*

More of what is happening at Ecole Hammond Bay:



Kids cheered as staff received a Pie in the face for exceeding
our goal of \$1000.00 for the EDAS fundraising
Toonie Tuesday

EDAS Packing Day

Each student had the opportunity to fill a hand painted bag with donated items and kindness



EDAS Delivery Day

our grade 7
leaders set out to
hand deliver the
bags and smiles

