



Weekly Memo

Monday May 13th– Friday May 17th

<i>Monday, May 13</i>	Book Battle Gr 6/7 in the library – little recess Dungeon & Dragon's Club in the library – big recess Crochet Club Gr 6/7 in room 1007 – big recess PAC Meeting 8pm via TEAMS
<i>Tuesday, May 14</i>	French Show for Students 1pm
<i>Wednesday, May 15</i>	Patati patata for those participating.
<i>Thursday, May 16</i>	Loose Parts play in the library – big recess
<i>Friday, May 17</i>	JEDI Club Gr 4-7 in the library – big recess Hot Lunch - Jalapenos

Upcoming Dates

May 20th	No classes – school closed
May 22nd	Class photos
May 28th	Grade 6 Immunizations Grade 7 to NDSS
May 29th	Zone 1 Track Meet (for athletes who qualify)
May 31st	Hot Lunch - Mambos



Emergency Drills at Ecole Hammond Bay

All schools in B.C. are required to conduct a variety of emergency drills throughout the school year. These drills include fire drill/evacuation, earthquake, shelter in place, hold & secure, and lockdown. We do not publish the exact times of our drills but the teachers receive advance notice so they can prepare their class in an age-appropriate manner.

Last week, we walked students through what a lockdown drill would be like and this week, we participated in a district-wide earthquake drill. Classes have had discussions about the importance of practicing drills and how being prepared at school and at home is everyone's responsibility. We try to minimize the concerns for the students but do want people ready for any emergency that may arise.

Lost & Found

Our Lost & Found is getting quite full, please take a moment to come check for any items that may belong to your child(ren).



From the PAC

Every parent and guardian is a member of the PAC. Please make sure you check PAC updates to know how you can support the Ecole Hammond Bay Community. Thank you to the parents who have been volunteering all year to make our school such a wonderful place to learn.

Please check out the PAC page on the school website or contact the PAC at ecolehammondbaypac@gmail.com if you have any questions.

Hot Lunch Orders

One way to support the community is by ordering hot lunches. Get your orders in for the Spring 2024 Hot Lunch dates (April – June). Next up is Mambos on Friday, May 31st

<https://munchalunch.com/schools/hammondbay/>

Parent Corner

EASE at Home (Everyday Anxiety Strategies for Educators): It can be hard for adults to know what to say or do to ease a child's worries. As the most important big people in their world, parents and caregivers can help children feel safer and soften the sharp edges of whatever is making their worries grow.

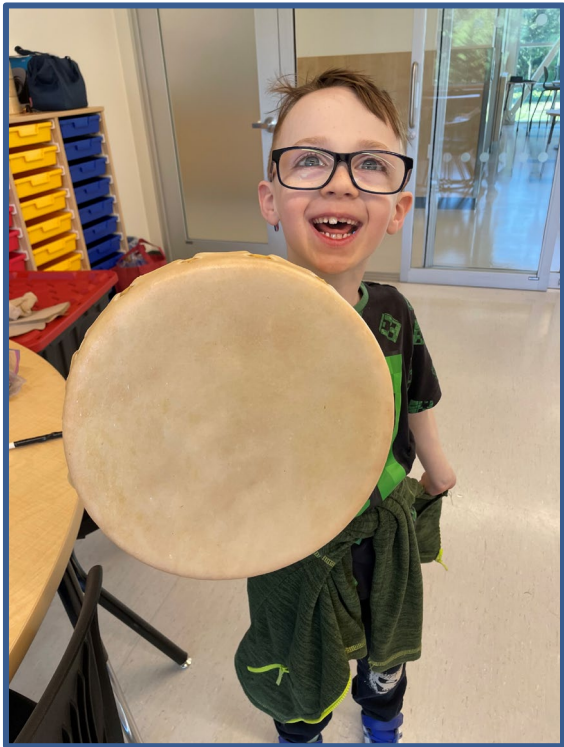
<https://healthymindsbc.gov.bc.ca/age-group/kindergarten-grade-3/>

<https://healthymindsbc.gov.bc.ca/resources/ease-at-home-4-7-collection/>

Nanaimo Child Development Centre, Family Resource Navigator, Melissa
melissa@nanaimocdc.com OR call 250.753.0251

- Provides parents with information about community resources such as financial, social, health, parenting and special needs
- Provides parents with ways to access community resources
- Navigates systems such as health, social services, schools and other networks both locally and provincially
- Facilitates opportunities for community and parenting networking
- Hosts opportunities to enhance knowledge of parents, guardians, professionals and community members

What is happening at Ecole Hammond Bay:



Young Entrepreneur Fair

