



Weekly Memo

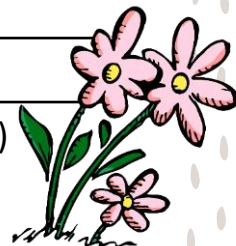
Monday May 6th– Friday May 10th

Book Fair Door E (Near Park/ Facing parking lot)

<i>Monday, May 6</i>	Book Battle Gr 6/7 in the library – little recess Dungeon & Dragon's Club in the library – big recess Crochet Club Gr 6/7 in room 1007 – big recess Book Fair Door E (new build facing parking lot) 2:20 – 3:20pm
<i>Tuesday, May 7</i>	Book Fair Door E (new build facing parking lot) 2:20 – 3:20
<i>Wednesday, May 8</i>	Book Fair Door E (new build facing parking lot) 2:20 – 3:20pm
<i>Thursday, May 9</i>	District Wide Earthquake Drill 9:00am Loose Parts play in the library – big recess Div 11-14 Spring Concert– 1:00pm Book Fair Door E (new build facing parking lot) 2:20 – 5:00pm
<i>Friday, May 10</i>	Young Entrepreneur Fair in Gym during day Book Fair over long recess for students JEDI Club Gr 4-7 in the library – big recess

Upcoming Dates

May 14th	Popcorn Day
May 17th	Hot Lunch - Jalapenos
May 22nd	Class photos
May 29th	Zone 1 Track Meet (for athletes who qualify)



From the PAC

Every parent and guardian is a member of the PAC. Please make sure you check PAC updates to know how you can support the Ecole Hammond Bay Community. Thank you to the parents who have been volunteering all year to make our school such a wonderful place to learn.

Please check out the PAC page on the school website or contact the PAC at ecolehammondbaypac@gmail.com if you have any questions.

Hot Lunch Orders

One way to support the community is by ordering hot lunches. Get your orders in for the Spring 2024 Hot Lunch dates (April – June). Next up is Jalapenos on Friday, May 17th

<https://munchalunch.com/schools/hammondbay/>

Parent Corner

CBC News : *Social media hurts girls' mental health and education potential*, says UNESCO report

<https://www.cbc.ca/news/unesco-gem-technology-social-media-1.7184717>

EASE at Home (Everyday Anxiety Strategies for Educators): It can be hard for adults to know what to say or do to ease a child's worries. As the most important big people in their world, parents and caregivers can help children feel safer and soften the sharp edges of whatever is making their worries grow.

<https://healthymindsbc.gov.bc.ca/age-group/kindergarten-grade-3/>

<https://healthymindsbc.gov.bc.ca/resources/ease-at-home-4-7-collection/>

Nanaimo **Child Development Centre** Parent Workshops (calendar of events),

<https://nanaimocdc.com/parent-workshops/>

The image shows the exterior of a white building. On the left, a white security camera is mounted on a wall. Next to it is a white door with a glass panel and a small window above it. The letter 'E' is visible on the door frame. To the right of the door is a large, white, corrugated metal roll-up door. The ground in front of the building is paved with asphalt. A small, circular, metallic object is visible on the ground near the door.

Book Fair Door

What is happening at Ecole Hammond Bay:

