



**WEEKLY MEMO**

**Monday January 6 – Friday, January 10**

|                     |   |
|---------------------|---|
| <b>Mon, Jan 6</b>   | Welcome Back – Happy New Year!<br>Girls Volleyball practice after school  |
| <b>Tues, Jan 7</b>  | Boys Volleyball practice at big recess<br>Pokemon Club at big recess in room 1001   |
| <b>Wed, Jan 8</b>   | Girls Volleyball practice at 7:45am<br>Boys Volleyball practice at big recess<br>Boys Volleyball home game 2:30pm (vs McGirr) |
| <b>Thurs, Jan 9</b> | Boys Volleyball practice at big recess<br>Pokemon Club at big recess in room 1001   |
| <b>Fri, Jan 10</b>  | Happy Friday!   |

**Important Upcoming Dates – Please mark your calendars**

|               |             |
|---------------|-------------|
| <b>Jan 27</b> | Popcorn Day |
| <b>Jan 29</b> | PAC meeting |

We recognize that every family celebrates their own special days at different times of the year. For all those who will be celebrating during this winter season, we wish you a warm, restful, and joyous holiday.

Merry Christmas • Happy Hannukah • Joyous Kwanzaa • Happy Winter Solstice • Happy New Year

Sincerely,

Mme Apland & Mme Grant

## **Parent & Community Corner**

Stigma-Free Mental Health: Student Mental Health Toolkit

- [Parent Resources - Stigma-Free Student Mental Health Toolkit](#)

SEL Sketches, <https://selsketches.com/SEL>

- Sketches provides educators, parents, and kids with easy and engaging Social and Emotional Learning content

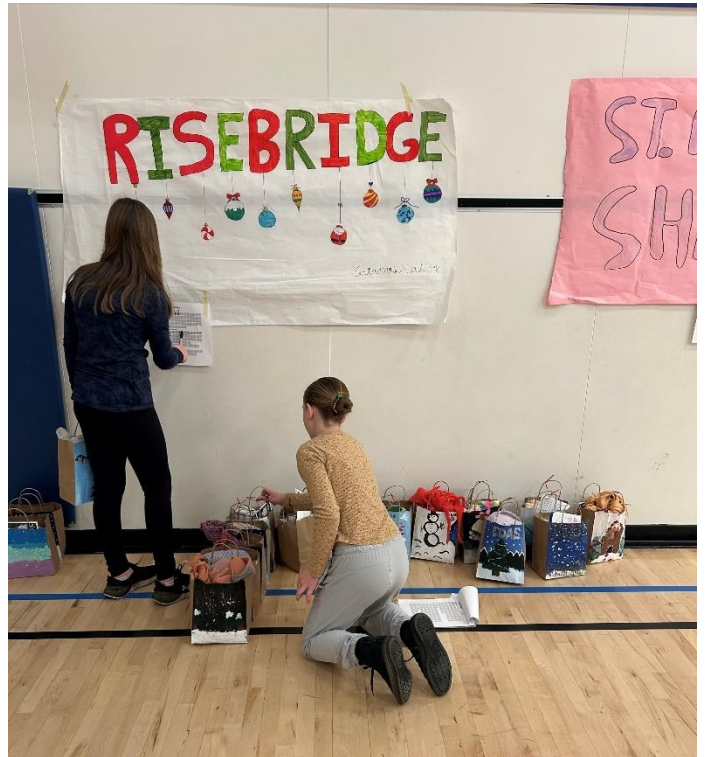
Loaves & Fishes, Community Food Bank

- <https://www.nanaimoloavesandfishes.org/>

## **EDAS**

Everybody Deserves a Smile 2024 was, once again, a wonderful experience for our staff & students. Wednesday was packing day and our students put together 450 bags.

On Thursday, Mme Alyssa, Mme Grant, and a group of Grade 6 & 7 students spent the morning delivering our bags to organizations around Nanaimo. We were grateful to be welcomed in to listen and learn from individuals impacted by homelessness and those who support them.



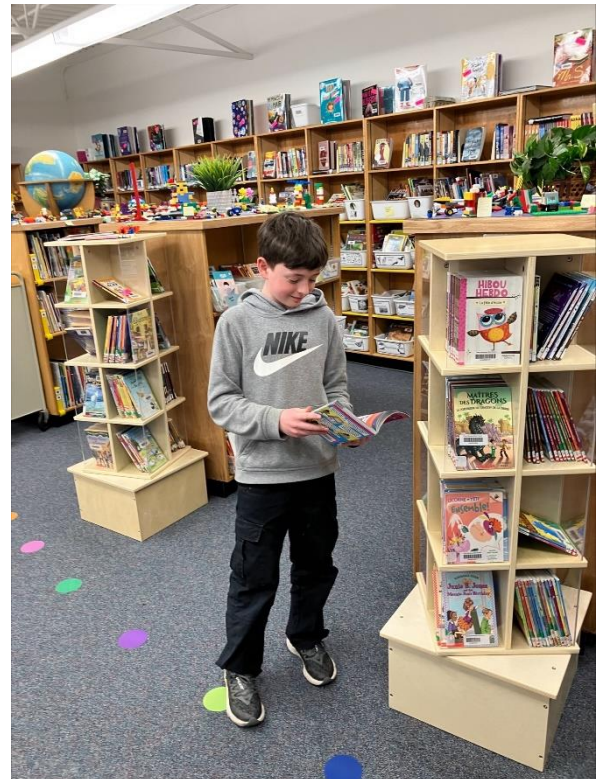


## Library Learning Commons

La Bibliothèque turned into a STEM winter wonderland last week. We built homes for winter animals using Keva Tiles, used geometric shapes to create snowflakes, stacked cups for a snowball throw, used recycled cardboard to build gingerbread houses, and built LEGO sleighs to explore incline planes. We even built "snowball" slingshots with balloons and marshmallows!

We received an early Christmas present from our PAC! Two new spinning bookshelves to hold all early and junior fiction titles. A huge thank you to our PAC for their continued support of our library.

Happy Holidays and happy reading to all!



# What's happening at Ecole Hammond Bay:





*Joyeuses Fêtes*