



WEEKLY MEMO

Monday, May 5 – Friday, May 9

Mon, May 5	No school for students Professional Development Day for Staff
Tues, May 6	Happy Tuesday!
Wed, May 7	1200m Run (Track Event) – for students signed up (between short and long recess)
Thurs, May 8	Jersey Day – Wear your favourite team jersey!
Fri, May 9	Hot Lunch - Jalapenos Neck Point Run for classes who participate Gr 2-5 Line Dancing w/Mme Josee at big recess in room 1001 (last day)

Important Upcoming Dates – Please mark your calendars

May 15	Primary Concert 1pm
May 19	Victoria Day - School Closed
May 22	PAC meeting 6pm North End Library
May 27	*Zone Track Meet (for athletes who qualify)
May 20	Intermediate Concert 1pm
June 11	Band Concert 1pm
June 12	*District Track Meet (for athletes who qualify)

Track and Field Grades 3-7

The school Track and Field meet took place on Thursday May 1st at the Rotary Bowl. Thank you to the volunteers who came out to make this meet such a success! Thank you to staff and students as well. Congratulations to all our athletes. If you got out there and tried your best, you are winning! Remember, always compete to be the best version of you that you can be. Push yourself out of your comfort zone and see how you grow!

Results will be sent to teachers once they are compiled. Students who qualified for the Zone Meet, along with their parents, will receive notification in the coming weeks regarding the details of the Zone meet and the event(s) they qualified for.

Parent Corner

Unlocking Your Parenting Potential Workshops, NARSF

- Free service for parents and caregivers of teens aged 12-18
- Mia Maarika mmaarika@narsf.org | Phone: 250-754-2773 ext. 123
- Week 3: Digital Wellness (May 1 @ 6pm), Week 4: Self-Care (May 8 @ 6pm)

Triple P Parenting (free): <https://www.triplep-parenting.ca/ca/triple-p/>

Confident Parents: Thriving Kids (free): <https://welcome.cmhacptk.ca/>

Nanaimo Pediatrics: <https://nanaimopediatrics.com/>

- Nanaimo Pediatrics is a collaborative project implemented by the Nanaimo pediatricians

Grade 7 Parents: Mark on your calendar...

- Parent Night at NDSS - Thursday May 15th, 6-7pm
- *If your child is not attending NDSS next year, please ensure their classroom teacher and info.hb@sd68.bc.ca so they are aware.*

Message from PAC

Volunteers still needed for the Fun Fair. Many Hands make light work! Thanks to all those who have already stepped up to help.



The PAC is excitedly hosting their 4th annual “YEAR END FUNFAIR” for all Hammond Bay families and friends! We are looking for donations to prepare theme baskets to raffle off the night for the fair on **Friday, June 6th**. Each grade is responsible for one theme basket and through generous family donations and teacher involvement, amazing themed baskets will be arranged by the PAC. We ask for families to consider contributing a **new** item to the theme baskets from now until **Friday, May 30th**. Boxes to collect donations will be located in each classroom.

Themes and grade assignments are outlined below:

Kindergarten - Div 1/Div 2/Div 3 - “Back to School”

Content Ideas: markers, crayons, pencil sharpenders, duo tangs, pencil crayons, glue sticks, pencil case, scissors, lunch kit, thermoses, water bottle, gift card to staples etc ...

Grade 1- Div 4/Div 5/Div 6 - “Summer Fun”

Content Ideas: skipping ropes, water balloons, frisbees, kites, beach toys, floaties, sprinklers, water squirters, sunscreen, sidewalk chalk, bubbles, picnic blanket, sunglasses, beach towels etc ...

Grade 2- Div 7/Div 8 - “Gift Cards”

Content Ideas: coffee shops, grocery store, shopping centres, local restaurants, parks and recreation, dollar store, kids attraction, Cobbs, movie theatre, gaming, take out, liquor store, Burnt Honey etc ...

Grade 2/3 split- Div 9/Div 10 - “Lego Mania”

Content Ideas: Lego sets, Lego stickers, Lego-themed cups/bowls/plates/pencils/summer toys, anything with Lego on it etc ...

Grade 3/4 and 4- Div 11/Div 12 - “A Camping We Will Go”

Content Ideas: roasting sticks, marshmallows, flash lights, camping chairs, lanterns, BBQ lighters, s’mores ingredients, fishing rods, hiking sticks, insulated mugs, bug spray, cooler bag, etc ...

Grade 4/5 and 5/6- Div 13/Div 14 - “A Little Bit Salty”

Content Ideas: peanuts, gourmet crackers, pate, salted caramels, chips, pretzels, popcorn, infused salts, olives, mixed nuts, etc ...

Grade 4/5 and 5/6- Div 15/Div 16 - “Summer Mocktails”

Content Ideas: drink mixes, fun cups, reusable straws, garnishes, citrus juicer, bottle opener, cocktail shaker, grenadine, lime cordial, fun ice cube trays, etc ...

Grade 7- Div 17 - “Sweet Tooth”

Content Ideas: gummy candy, lollipops, taffy, bubble gum, licorice, jellybeans, hard candy, sour candy, caramels, etc ...

Thank you for supporting YOUR CHILD’S SCHOOL! Your donations are greatly appreciated. For more information or any questions, please contact Whitney Rondeau at ecolehammondbaypac@gmail.com

What's Happening at Ecole Hammond Bay

Many of our classes were fortunate this week to have a visit from Coast Salish author and illustrator Andrea Fritz, who visited us as part of the Vancouver Island Children's Book Festival.

Ms. Fritz is a knowledge keeper for her Lyackson First Nations, for their artwork and stories. She came to visit and teach us about her art and shared some of her traditional stories with her book "Raven get tricked"

The students did a wonderful job learning about the coast Salish language and culture. Thank to our PAC for funding for this amazing event!



